

Data Cleaning Standards and Tips for CLASS

Children's Survey

Frequency of Types of Physical Activity – Upper Limits

<u>Activity</u>	<u>Total Freq Mon-Fri</u>	<u>Total Freq Sat & Sun</u>
Aerobics	10	4
Dance	10	4
Callisthenics/gymnastics	10	4
Martial arts	10	4
Tennis/bat tennis	10	4
Aussie Rules Football	10	4
Soccer	10	4
Basketball	10	4
Cricket	10	4
Netball	10	4
Baseball/softball	10	4
Swimming Laps	10	4
Swimming for Fun	10	4
Down ball/4 square	15	6
Play outside	no limit	no limit
Tag/chasey	15	6

Skipping Rope	15	6
Roller blading	15	6
Scooter	15	6
Skateboarding	15	6
Bike Riding	15	6
Household chores	no limit	no limit
Playground equip	15	6
Play in cubby house	15	6
Trampolining	15	6
Play with balls	15	6
Play with bats/ racquets, golf clubs	15	6
Play with 'running' toys	15	6
Play with pets	leave data as is	leave data as is
Walk the dog	10	4
Jogging/running	15	6
PE Class	5	N/A
School Sport Class	5	N/A
Walk to school	10	N/A
Cycle to school	10	N/A

n.b. An activity listed as 'other physical activity', variable 'othstpa' must be another **physical** activity.

If not, code 'othstpa' as '00' and 'othpa' as '0'.

If 'othpa' is circled as 'Yes', and 'no other activity is named, code 'othstpa' as '99'.

Total duration in physical activities – Upper Limits

Follow APARQ protocols

Total duration in Sedentary Activity – Upper Limits

<u>Activity</u>	<u>Total Time Mon-Fri</u>	<u>Total Time Sat & Sun</u>
All listed activities	max 2400 minutes	max 1920 min

This allows for extremes of 8 hours per day, Mon-Fri, 16 hours per day, Sat-Sun.

n.b. A sedentary activity listed as ‘other’, variable ‘othstsb’ must be another **sedentary** activity, not a physical one.

If not, code ‘othstsb’ as ‘00’ and ‘othsb’ as ‘0’.

If ‘othsb’ is circled as ‘Yes’, and ‘no other activity is named, code ‘othstsb’ as ‘99’.